

Lizet Chávez Prado

lizetchavezp@gmail.com

Performer and Bachelor in Media Studies

ABOUT ME

Dual Nationality	Peruvian & Argentine
Languages	Spanish (native), English (fluent) and French (fluent)

ACADEMIC BACKGROUND

- ACT School of Actors, Madrid, Spain
Master’s Degree in Audiovisual Performance (in progress)
- Goldsmiths University, London, UK
MA in Performance Making (2021 – 2022)
- International School of Film and Television (EICTV), San Antonio de los Baños, Cuba
Working with actors: Meisner/ Mamet technique for actors and directors by Stephen Baily (2018 – 2019)
- Latin American Center of Theatrical Creation and Investigation (CELCIT – Argentina)
Theatrical Pedagogy by Débora Astrosky (2015)
- School of Theatre Moscu (Argentina)
Acting workshop by Francisco Lumerman (2015)
- International School of Theatre Jacques Lecoq (France) (2009 – 2011)
- San Martín de Porres University (2000 – 2005)
Bachelor’s Degree in Media Studies with a mention in Audiovisual Communication

WORK EXPERIENCE

ACTOR IN FILM

Production	Role	Venue/ Company	Director
• Cows (Release TBC)	Hannah	Carapulcre Films (Perú)	Brian Jacobs
• Quadrilateral (2024) (FIFF 2024, AFF 2024, FBAL.Biarritz 2024, Sitges Film Festival 2024)	Adriana	El Colchón films (Perú)	Daniel Rodríguez Risco

• Starched Collars (2021)	Mamá	Cinecorp	Daniel Rodríguez Risco
• Donde duermen los sueños (2021)	La Actriz	Bonzo Films	Daniel Riglos
• The Best Families (2020)	Sandra	El Calvo Films	Javier Fuentes León
• Píxeles de Familia (2019)	Lucía	Raquel en Llamas	Gerardo Ruiz Miñan
• Aj Zombies! (2017)	Laysha	La Pepa	Daniel Martín Rodríguez
• Guerrero (2016)	Profesora de Matemáticas	Tondero	Fernando Villarán
• 7 semillas (2016)	Luisa	Tondero	Daniel Rodríguez Risco

Short films:

• Starched Collars (2020)	Mamá	Cinecorp	Daniel Rodríguez Risco
---------------------------	------	----------	------------------------

ACTOR IN THEATRE

Production	Role	Venue	Director
• Estar (2020)	Ella	Centro Cultural Británico	Jorge Castro
• El viaje de la luz (2019)	Uno	Gran Teatro Nacional	Pablo Saldarriaga
• Sueldo bajo no hay que pagar (2019)	Margarita	Centro Cultural UP	Gilbert Rouvière
• 3 versiones de la vida (2018)	Sonia	Teatro de Lucía	Roberto Ángeles
• Casa de muñecas parte 2 (2018)	Emy	Teatro de Lucía	Lucho Tuesta
• Pájaros en Llamas (2017)	Ángel	CCPUCP	Mariana De Althaus
• Casi Don Quijote (2017)	Lucrecia/Dulcinea	Gestus	Paloma Reyes de Sá
• Noche de Reyes (2017)	Viola	Centro Cultural Británico	Roberto Ángeles
• Kamasutra (2016)	Conferencista	Centro Cultural UP	Gilbert Rouvière
• Flora Tristán (2016)	Flora	Centro Cultural ULima	Roberto Ángeles
• Callback (2015)	Nuria	Microteatro	Carlos Galiano
• Newmarket (2015)	Sophie	CCPUCP	Carlos Galiano

• Stop Kiss (2015)	Callie	Centro Cultural UP	Norma Martínez
• Karamazov (2014)	Katerina	Centro Cultural UP	Mariana De Althaus
• Falsarios (2013)	Ana	Teatro MALI	Carlos Galiano
• Soñadores (2013)	Madre Luna	Teatro La Plaza	Nishme Sumar
• Drácula (2012)	Lucy	Teatro La Plaza	Jorge Castro
• No Pasa Nada (2008)	Lady Kaos/ Mujer casada/Ella	CCPUCP	Jorge Castro
• El Retrato de Dorian Grey (2008)	Lady Henry/ Adrian Singleton/Duquesa	Teatro La Plaza	Roberto Ángeles
• La Celebración (2007)	Sofía	Teatro La Plaza	Chela de Ferrari

DIRECTION

• Teatro Inmune (2020) (Theatre)	Assistant Director Norteamericano	Instituto Peruano	Mariana de Althaus
• Soledad (2020 – short film) (short film)	Director/ Screenwriter	Lizet Chávez/ Tatiana Astengo	Lizet Chávez
• El viaje de la luz (2019) (Theatre)	Assistant Director	Gran Teatro Nacional	Pablo Saldarriaga
• Caminar Distinto (documentary 2024)	Director	People's Palace Projects (UK)	Lizet Chávez

ACTING COACH

• Quadrilateral (2024)	Acting Coach	El Colchón Films	Daniel Rodriguex Risco
• Contigo Capitán (2022)	Acting Coach	Netflix	Javier Fuentes León, Daniel Vega
• Starched Collars (2021)	Acting Coach of children's cast	El Colchón Films	Daniel Rodríguez Risco
• Princess (2020)	Acting Coach	PROTV	Luis Barrios
• Hotel Paraíso (2019)	Acting Coach of children's cast	Rehder Films	Daniel Rehder
• Te Volveré a encontrar (2020)	Acting Coach	PROTV	Luis Barrios
• Billy Elliot Perú (2018)	Acting Coach of children's cast	Los Productores	Juan Carlos Fisher

- | | | | |
|--------------------|---------------------------------|----------|-------------------|
| • Guerrero (2016) | Director of children's cast | Tondero | Fernando Villarán |
| • Edipo Rey (2015) | Acting Coach of children's cast | La Plaza | Jorge Castro |

TEACHER

- Acting Teacher – online (2020) *Teatro de Lima*
- Workshop of Bouffon (2018 -2019) *Gestus*
- Workshop of Neutral Mask (2018 – 2019) *Ciclorama*
- Acting Teacher (2014 – 2019) *Pestalozzi School*
- Movement for performers (2017) *British Cultural Centre*
- Performance VI – Performance Arts Career (2014 – 2015) *Científica del Sur University*

FURTHER WORK EXPERIENCE

- Project Manager – The OLA Study: Building Resilience and Resources to Reduce Mental Distress in Young People in Latin America - People's Palace Projects (UK) (2023 – 2024)
- Project Assistant – People's Palace Projects and The Verbatim Formula (UK) (2022)
- Researcher on Social Action and Well-being – People's Palace Projects (UK) (2021)
- Facilitator and researcher on Far Apart but Close at Heart's project – People's Palace Projects (UK) and Teatro La Plaza (Perú) (2020 -2021)

AWARDS

Best Actress Award – FIXION Fest Chile (2025)

Recognized for my leading role in *Cuadrilátero*, awarded by the 9th FIXION Fest Jury for outstanding performance in a feature film.

SKILLS

- Train in contemporary dance, singing and clown.
- Good knowledge of filming and editing video and sound.
- Good knowledge of Adobe Premiere, Adobe Audition and Qlab.